

Appendix 4

Project Summary Roma Community Café @ELHFA November 2015

Background

There is a growing number of Roma Communities from Eastern and Central European, settling in East Leeds. The majority of them are from the Czech Republic, Romania and Slovakia. The Roma people are one of the most marginalised and disadvantaged groups in Europe. Due to collective experiences of prejudice and discrimination, Roma people struggle to trust and engage with services that add to their social isolation and exclusion. From our experience at Touchstone, Roma men are even 'harder to reach and engage' with.

Over the last several months, we have been working with a member of the Roma community who is keen to set up a Roma Community Café. ELHFA along side Migrant Access Project (a partnership between Touchstone and Leeds City Council) have been supporting this individual with various trainings including food hygiene and safety. He also took part in ELHFA Cook4life sessions. He is now keen to launch his community café using Cook4life model, with support from ELHFA staff. Touchstone ELHFA has also offered him free venue/kitchen at Cromwell Mount to run his café. However, we don't have additional financial resources to purchase ingredients for cook4life sessions and for publicity. Funding from the Community Committee will enable us to launch the Roma Community Café @ ELHFA and reach out and engage members of the community with health and wellbeing messages.

Aims and Purpose of the Project

The Roma Community Café @ELHFA will offer the Roma Men with:

- Space for socialization/peer support and reduce social isolation
- Cooking demonstration/session where participants learn how to cook healthy and nutritious food on limited budget
- Healthy hot meal once a week
- Bring in additional support from relevant services – including money advice, housing, health, LCC emergency heating support, food banks, crisis prevention, etc.
- Promote and encourage participants to access other Public Health funded health and wellbeing activities (e.g. Swim and Gym, Zumba Classes, arts and crafts, etc.) to stay active and connected

Cost Summary

1. Cooking Ingredient – 12 weeks @ £50 = £600
2. Publicity flyer – 500 copies @ 20p = £100

TOTAL COST = £700